As scientific advancements continue to improve our understanding of physiology and the pharmacological effects of food and botanicals, these products remain a critical component in the global management of diseases. The objective of this study is to raise awareness among medical professionals about herb-drug interactions. Lack of knowledge prompts many individuals to combine herbal and prescription medications, leading to severe side effects. Additionally, food condiments in India contain therapeutically efficacious plant compounds that can also cause drug interactions.

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